

Prepare for your tour

Vaccinations & Protection

We recommend that each traveler consult with their personal medical provider to assure they have no health issues that might prevent travel to 13,000 feet. Each should make a list of their medications and what they are for to carry with their documents.

Please check with your medical provider for any immunizations they might require.

Climate in Peru

There is a rainy season from Dec – Mar in Cusco, however on the coast it rarely rains. Jun-Oct is damp and misty, but temperatures never drop below 50°F. At high altitudes although there are sunny daytime temperatures that can drop dramatically, and conditions can change suddenly.

Altitude Description

This tour reaches altitudes of 13,000 ft. we strongly recommend that travellers with heart or lung conditions, anemia, asthma, high blood pressure or any chronic condition or /and medication, should seek the advice of their medical provider as to suitability for them.

Equipment

A good insect repellent is essential. Also useful is a small flashlight, sunhat, sunscreen and a small towel (possible thermal baths).

Footwear

Comfortable sturdy walking shoes to navigate the stone stairs and uneven streets.

Clothing

Think layered clothing to add or subtract as needed. Bring a warm fleece or other jacket, thermal underwear for sleeping if desired, warm hat and gloves for cooler Andean nights when temps drop dramatically. Lightweight waterproofs are essential. Bring your swimsuit.

Luggage: On Tour

One main suitcase and a daypack. Bring a small overnight bag for essentials at Machu Picchu – main luggage will be stored at main hotel.

Luggage

20kg / 50 pounds

Electric Supply & Plugs for Peru

Electric power is 220 and transformers are needed for conversion

Outlets use a 2 Pin Flat plug